




Quarterly bulletin of the activities of the Community for Human Development in the World

21/03/2021

Hello Friends, we start again with our report of activities and projects set in motion by various groups of our organisation around the world. This bulletin is not yet fully representative of all that The Community expresses on the planet, but it is a good new start; things to tell and to show, with news, photos and video links (marked with )

Argentina – Buenos Aires

CURSO RÁPIDO DE


Distensión

10 LECCIONES VIRTUALES DE 1 HORA
LUNES A LAS 19 HORAS.

Tensiones físicas y mentales - Estrés
Insomnio - Angustia - Tensión - Cólera
Ansiedad - Malestar en general

Alivio de la fatiga - Aumento de la concentración - Rendimiento de las actividades cotidianas

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GALAXIA
Comunidad Virtual
ECO-HUMANISTA

La Comunidad
para el Desarrollo Humano

Un espacio
para el desarrollo
de la persona
y la cultura
de la NoViolencia

Reunión semanal
Jueves
19 hrs Argentina

Google Meet | Clave de acceso
en tiempo real | kphoqjgmk



Quieres

- ...convertir tu tristeza en alegría, tu angustia en esperanza, tu impotencia en Fuerza Interior?
- ...pedir y ofrecer ayuda a tus amigos y parientes cuando lo necesitan?
- ...participar en la construcción de una red de redes, de contactos virtuales verdaderamente humanos?

La Comunidad
para el Desarrollo Humano

Conectate hoy, con
La Comunidad
Reunión informativa
Domingo 19 hrs. Argentina
MEET kpb oqo jgmk



Since May 2020, activities have adapted to overcome the constraints of the VOC19 pandemic. They have been virtualised with several meetings and courses via web/zoom. Currently one group works with Principles of Valid Action once a week, three groups work with Guided Experiences, there are three Psychophysics workshops and a group specialising in applied school ecology..

Argentina – Salta



Ciclo de Charlas y Talleres



Técnicas y Herramientas Prácticas para Crecer como Seres Humanos No - Violentos

Auto-Conocimiento - Relax Físico y Mental.
El Trato con Uno Mismo y el Trato con los Demás.
Reconociendo nuestras Virtudes Personales.
Aprendiendo a trabajar con nuestra Propia Energía.
Ejercicios para mejorar Física y Mentalmente.
Proyecto Integral de Vida.
El Sentido de la Vida - Los Puntos de Vista.

La No-Violencia es la Fuerza Que Transforma al Mundo

DE 19:00 A 21:00 HS.

**VIERNES 13 Y 27 DE MARZO
VIERNES 3, 17 Y 24 DE ABRIL
VIERNES 8 DE MAYO**



COLEGIO JACQUES COUSTEAU

In March '20, before the pandemic, they supported the second World March for Peace and Nonviolence, organising workshops on nonviolence and meetings in schools. They continued with virtual Personal Development meetings, also working with school teachers in different cities.. .

Work was carried out with the theme of the virtues of the golden rule and guided experiences. Work continued on the theme of nonviolence with the Association of Community Cultural Promoters..



Estudios y reflexiones sobre Temas formativos de la No-Violencia Activa.
Prácticas de Meditación Dinámica.



Retoma actividad en Febrero
Sala: MEET xgy - ckev - zgw

Finally, they are working with the Provincial Council of Women with a workshop on the Project of Life and the Golden Rule.

Italy – Messina

Ahimsa is the community group that participates in the "Tent of Peace - Messina" collective, which it has actively joined for about 5 years. The initiatives organised in the first two months of 2021 were dedicated to Patrick Zaki, a human rights activist and Egyptian researcher who was arrested in his country on 7 February 2020 because he was unjustly accused of terrorism and defamation of the State..



VENERDI 12 FEBBRAIO ORE 18.00
f TENDAPELLAPACEMESSINA DIRETTA FACEBOOK

**Patrick Zaki:
un'assenza
che ci riguarda**

Tra diritti negati ed interessi internazionali

ERASMO PALAZZOTTO
Presidente della Commissione Parlamentare d'inchiesta sulla morte di Giulio Regeni

RICCARDO NOURY
Portavoce di Amnesty International Italia

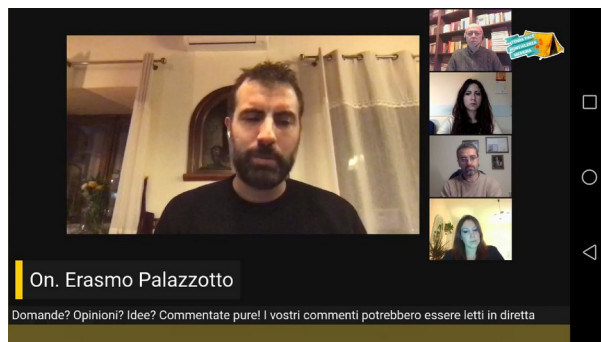
FRANCESCO VIGNARCA
Coordinatore delle Campagne della Rete Italiana Pace e Disarmo

Moderata
SOFIA DONATO
Tenda della Pace e della Nonviolenza Messina

TENDA PACE
NONVIOLENZA
MESSINA

FREE PATRICK ZAKI

AMNESTY INTERNATIONAL



On 8 February 2021, one year after his arrest, the Peace Tent collective organised a flashmob at the Rector's Office in support of Amnesty International's work to make the city aware of this issue,



which lit up in yellow many institutional buildings in many Italian cities to demand Zaki's release. The activity was coordinated by LC-Ahimsa together with other associations belonging to the Tent and allowed to start a nice collaboration with Amnesty Sicily..

[link webpage and video of the webinar pictured above](#)

Italy – Rome

LA BELLEZZA SOTTO LE STELLE

“Chiedi chi era ... Freddie Mercury”

Il racconto spettacolo di e con

Bruno Stanzione



LUNEDI' 14 SETTEMBRE

HABICURA ai Giardini di P.le del Verano

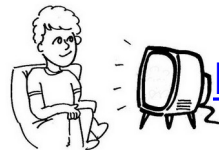
Inizio spettacolo ORE 21:30



La Comunità
per lo sviluppo umano

A cura del gruppo S.Lorenzo “COMUNITA' PER LO SVILUPPO UMANO”
[#versolanazioneumanouniversale](#)

A group formed in the summer of 2020, it immediately launched a public event in those months when Italy was temporarily outside the strict anti-pandemic restrictions: La Bellezza sotto le Stelle (Beauty under the Stars), then participating in a social event in October where they met the public, exhibited and distributed postcards on the Principles of Valid Action.

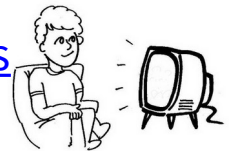


[Link to Instagram video post on the 12 Principles](#)



For the short video spot of the 14 September 2020 event, click here under the event title:

[Beauty Under the Stars](#)



Italy – Rome

During this period of new anti-COV19 restrictions, we experimented with the video medium, designing a blog to communicate widely with the public, while also pursuing an activity with the Golden Rule *(treat others as you would like to be treated), an international humanist project..

* The Golden Rule project involves training for 12 meetings over 3 months for young people and for mixed parent-child teams, including through the use of games to be disseminated



Here is a link to two video products on this topic, one of which is made for children.

[The Golden Rule \(Sketch\)](#)



[Video Golden Rule for Children](#)



12 Principles Short Film Project



Here is the link to an experiment in short films about the 12 Principles, in a cheerful and simple form of comedy (this video is only a test, it is not the official one, which will be published definitively later along with the others)



[Short film Proof of Principle No. 2](#)

Italy – Turin

In addition to participating in several Social Networks, the local Community has developed a path of self-transformation through webinars, a path of practices and processes for personal self-transformation.



<https://www.casaumanista.org/percorso-di-autotrasformazione/>

It is intended for those who feel the urge to work in a non-violent way to overcome pain and suffering in themselves and those around them; for those who feel they have limitations, sometimes inexplicable, that prevent them from acting as they would like; for those who wish to improve themselves, together with a group of like-minded friends, who can help each other to identify what they need to work on.

**Team
NOVA**



Spain – Madrid

BEGOÑA and FUENCARRAL Districts

Weekly meetings in the neighbourhood community centre. Formative themes, personal development and guided meditations, including through the story "El Susto" by M. Elegido. This leads to deeper conversations, about life-changing experiences, in a simple and direct way. It always ends with Ceremonies, taken from "The Message of Silo".



From
face-to-face
meetings
to virtual
connections...



Spain – Madrid

Del Pilar District



Awareness-raising through posters displayed in the neighbourhood and other areas. Participation in weekly meetings and workshops is invited.



Various topics were covered: direct communication, reading and sharing stories from the book "the day of the winged lion" and other productions. Participation was also extended to friends and collaborators.

Spain— Madrid and its surroundings

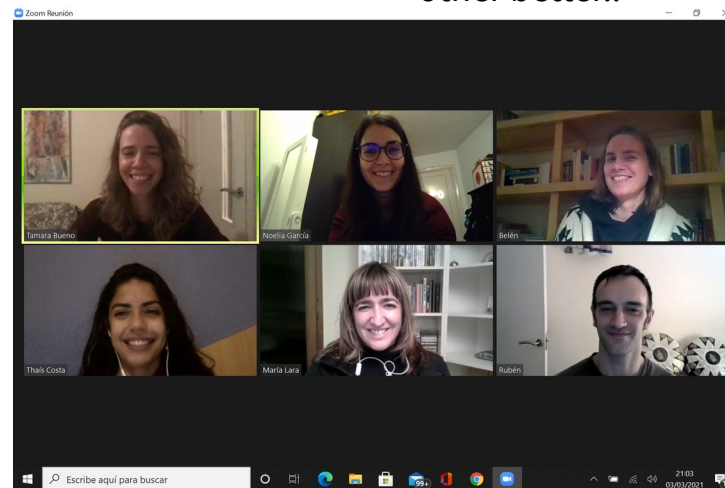
Alcobendas Base Group.

Weekly meeting, where the book Self-Liberation is currently being studied and different types of internal work are carried out: relaxation, peace experiences, guided experiences.

The first one dealt with the theme of the future, to review one's priorities, to gain a vital perspective, to give direction and "open" the future, thanks to human intentionality. These activities are being opened up to groups of friends of the people who participated in these Workshops.

Other group in Madrid

Active humanism. From December 2020 weekly online meetings. The need has been to move forward consistently in life and help those close to us. At each meeting one of the Principles of Valid Action is read, reflected on and exchanged. A Strength experience with meditation on the Principle concluded. From there we deepen with meetings on Silo lectures and some guided experiences. The second part of the meetings is dedicated to common actions: seasonal events, journaling, blogging etc. With the precautions of the COV19 regulations, some meetings were held in the open air so that the participants of the virtual meetings could get to know each other better..



[wordpress link to humanismo activo](#)

Spain – Country Team

The Bulletin of the Country Coordination Team of the Community in Spain (2018-2020)

The team edited the Spanish version of the Community for Human Development book. Format 14x19.5 cm, consisting of 256 pages. It was distributed to all members and some copies were left in the Park of Study and Reflection in Toledo.



References of the various groups

Featured in this bulletin:

Italy

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Twitter: La Comunità per lo Sviluppo Umano – Roma

Turin: Nova team - info@casaumanista.org

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